

VOLUNTEER INFORMATION
FAX TO LEE HULQUIST AT 758-5925,
or EMAIL lhulquist@food4hungry.org

NAME _____ DATE OF BIRTH _____
 ADDRESS _____ CITY _____ ZIP _____
 PHONE _____ (home) _____ (work)

PREFERRED SHIFT SCHEDULE

DAYS AVAILABLE TO VOLUNTEER *(check all that apply)*

Volunteer shifts are three hours in length, in either the morning or afternoon, Monday through Friday. There are a limited number of volunteer positions each shift and placement will be determined by the Volunteer Coordinator.

Weekly	MON	TUE	WED	THU	FRI
7:30AM- 11:30AM Other: _____					
1PM- 4PM Other: _____					

The Food Bank for Monterey County appreciates your services and we will do our utmost to ensure that your volunteer experience is rewarding, productive, and safe.